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MANAGING CHRONIC DISEASES

Danish experiences relevant to China

Healthcare Denmark





Stories can travel across borders. So can ideas and experiences.

Hans Christian Andersen's stories have connected Denmark and China across generations. Today, the two countries continue to exchange knowledge and experiences – including on how our healthcare systems can respond to the growing burden of chronic disease.

A guide to selected Danish experiences in prevention, primary healthcare, digital health and integrated care presented in Healthcare Perspectives: **Chronic Diseases – How Denmark Manages a Defining Health Challenge**.

A SHARED DIRECTION

Working together on chronic disease management

China and Denmark share an ambition to strengthen prevention and create more accessible, coordinated and digitally enabled care for people living with chronic diseases.

The two countries pursue this ambition in different contexts, at different scales and through different healthcare systems. These differences create valuable opportunities to exchange experiences, explore complementary strengths and learn from different approaches.

Through the **Healthy China** initiative and the priorities for the **15th Five-Year Plan** period, China is advancing disease prevention, primary-level healthcare and the use of digital and intelligent technologies.

Denmark is pursuing many of the same goals by strengthening primary healthcare, bringing treatment closer to people's everyday lives and developing a shared digital treatment overview to support more continuous and personalized care.

The Danish experiences presented in **Chronic Diseases – How Denmark Manages a Defining Health Challenge** offer practical examples for dialogue and exchange. Together with Chinese experience, they can provide a starting point for mutual learning, local adaptation and future collaboration.

SHARED PRIORITIES FOR EXCHANGE

PREVENTION AND EARLIER INTERVENTION

How can healthcare systems prevent disease, identify risks earlier and support people in maintaining their health?

PRIMARY HEALTHCARE AND CONTINUITY

How can primary healthcare support more coherent pathways for people living with chronic diseases?

DIGITALIZATION AND INNOVATION

How can digital technologies, health data and public-private collaboration support more accessible and coordinated care?

THREE PRIORITIES, THREE DANISH EXPERIENCES

Connecting China's priorities with Danish experiences

Chronic Diseases – How Denmark Manages a Defining Health Challenge presents Danish experiences in translating health policy ambitions into practical models and solutions. The following three examples have particular relevance to China's current healthcare priorities.

1

STRENGTHENING PRIMARY HEALTHCARE AND CONTINUITY OF CARE

Danish experience:
Chronic Care Packages

Starting in 2027, Denmark will gradually introduce chronic care packages for selected chronic conditions and patient groups. The packages will establish coordinated pathways anchored in general practice and involving relevant hospitals, and prevention and rehabilitation services. The packages aim to support more personalized, coordinated and needs-based care for people living with chronic conditions.

RELEVANCE TO CHINA

As Denmark begins to implement chronic care packages, the experience may offer a relevant starting point for dialogue with China on how shared frameworks and a stronger coordinating role for primary care can support continuity of care for people living with chronic diseases.

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2

ENHANCING CHRONIC DISEASE MANAGEMENT AND INNOVATION THROUGH REAL-WORLD DATA

Danish experience:
Lundbeck – HEAD-WINd®

HEAD-WINd® is a Danish public-private research partnership exploring how real-world data can improve the understanding and management of migraine and frequent headaches as chronic conditions. By combining Danish registry data with surveys and smartphone-based symptom tracking, the project captures how migraine affects people's everyday lives, treatment patterns and interaction with the healthcare system.

The project helps identify unmet needs, gaps in care and opportunities for earlier intervention, creating a stronger evidence base for more patient-centered chronic disease management. It also shows how health data, digital tools and cross-sector collaboration can drive innovation in health and life sciences and support better care pathways.

RELEVANCE TO CHINA

HEAD-WINd® provides a starting point for dialogue on China's priorities of enhancing chronic disease prevention and management and advancing innovation in health and life sciences. It shows how real-world evidence can support better understanding of chronic disease burden, guide more evidence-based care and create a platform for future innovation across research, healthcare and industry.

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3

EXPANDING DIGITAL HEALTH SOLUTIONS IN CHRONIC DISEASE MANAGEMENT

Danish experience:
A Connected Digital Patient Pathway

In Denmark, digital health solutions make it possible for patients to complete key steps of the care pathway from home – from contacting their general practitioner to receiving prescriptions and accessing medication.

Through the My Doctor app, patients in Denmark can contact their general practitioner by secure message or video consultation. Prescriptions are issued electronically through the national Shared Medication Record, enabling patients to have their medication dispensed by a pharmacy of their choice. The record also provides patients and authorized healthcare professionals with an overview of current medication prescriptions.

The pathway builds on shared national infrastructure, common standards and public regulation, enabling relevant information to follow the patient from consultation to treatment and follow-up.

RELEVANCE TO CHINA

The Danish experience provides an example of how secure digital services and shared digital infrastructure can improve efficiency, strengthen patient safety and support more accessible and continuous care – helping people live with chronic disease and maintain a good quality of life.

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DIFFERENT SYSTEMS. SHARED QUESTIONS.



? How can primary healthcare play a stronger role in supporting people living with chronic diseases?

? How can promising solutions move from individual projects to implementation at scale?

Building on more than 75 years of diplomatic relations, Denmark and China have a strong foundation for continued dialogue and knowledge exchange.

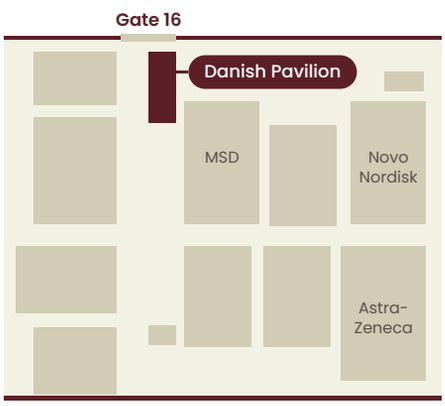
Healthcare Denmark invites healthcare leaders and partners in China to continue the dialogue on how policy, implementation, digitalization and innovation can contribute to better prevention and management of chronic diseases.

CONTINUE THE DIALOGUE AT THE DANISH PAVILION

Denmark hosts the only national pavilion at CIIE 2026, bringing together government, healthcare expertise and Danish companies in one shared platform.

Visit the pavilion to explore the full publication, meet Danish healthcare and life science companies and continue the dialogue on chronic disease management.

Hall 1.1 · Booth 1.1B2-04



Hall 1.1 · nearest entrance: Gate 16

EXPLORE THE FULL PUBLICATION

Healthcare Perspectives Managing Chronic Diseases in Denmark

CONTINUE THE DIALOGUE

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